



July Newsletter



As we enter the Dog Days of Summer we want to encourage everyone to be careful of the heat and possible heat exhaustion or heat stroke.

The American Red Cross defines Heat Exhaustion & Heat Stroke below; take a minute to review the symptoms and first aid actions to help a victim suffering from either of the two.

HEAT EXHAUSTION Excessive heat can lead to sunburn, heat cramps, heat exhaustion and heat stroke. If someone is experiencing heat cramps in the legs or abdomen, get them to a cooler place, have them rest, lightly stretch the affected muscle, and replenish their fluids with a half a glass (about 4 ounces) of cool water every 15 minutes.

If someone is exhibiting signs of heat exhaustion (cool, moist, pale or flushed skin, heavy sweating, headache, nausea, dizziness, weakness, exhaustion), move them to a cooler place, remove or loosen tight clothing and spray the person with water or apply cool, wet cloth or towels to the skin. Fan the person. If they are conscious, give small amounts of cool water to drink. Make sure the person drinks slowly. Watch for changes in condition. If the person refuses water, vomits or begins to lose consciousness, call 9-1-1.

HEAT STROKE LIFE-THREATENING Signs include hot, red skin which may be dry or moist; changes in consciousness; vomiting and high body temperature. Call 9-1-1 immediately if someone shows signs of heat stroke. Move the person to a cooler place. Quickly cool the person's body by immersing them up to their neck in cold water if possible. Otherwise, douse or spray the person with cold water, or cover the person with cold, wet

Stay alert and keep your eyes on your workers, it can happen to the best of us.

There are no meetings scheduled for July and August as many plants will take advantage of the hot months to shut down and perform various maintenance or improvement projects, but we have a full schedule for the fall beginning with the September meeting. I encourage you all to sign up early so we have an accurate headcount for the restaurant and nobody gets left out.

Visit to Wentworth University

During our recent Board meeting and visit to Wentworth University in Boston, MA, we were made aware of a couple of programs in place at the University. These programs are designed to provide the students with real life manufacturing experience as they work towards their degrees. The benefits to the employers are fresh new ideas from motivated and energetic engineers and also potential future employees. If you are in need of engineers, then this is a potential resource for you, we can provide you with the contact information for Wentworth University and possibly result in filling your open positions. Just send me an email and I'll follow up with you.

Upcoming Chapter Meetings & Events Schedule:

September 5, 2018 Wednesday 5:00 P.M.

OSHA Update on Silica Regulations
Adam Henson, OSHA Compliance Officer,
Safety & Occ. Health Specialist,
U.S. DOL-OSHA
Andover, MA

Location: Palmer's Restaurant & Tavern
 18 Elm St.
 Andover, MA 01810

Price: \$45.00

Adam Henson is an OSHA Compliance Officer working out of the Andover, MA office, and he will speak about OSHA's policy on the new Silica regulations. If you are operating a sand foundry and silica sand is your molding media, then you need to attend this meeting and learn exactly what the compliance officers will be looking for when they visit your facility. There will be limited seating for this event so reserve your spot now. This is a dinner meeting and the cost of the dinner is \$45.00 which can be paid by using our paypal button on our website.

October 17, 2018 Wednesday 3:00 P.M.

3D Sand Printing and tour at DW Clark
36 Allison Avenue
Taunton, MA 02780

This is an opportunity to see the latest technology in action being used for production castings. Please wear appropriate work clothes for the tour and if possible bring your own PPE as we will be out on the manufacturing floor.

There is no charge for this event as it does not include dinner.

November 30, 2018 Friday 5:30 P.M.

Chapter Holiday Dinner & Show
Dinner location: Gelston House
8 Main St. E. Haddam, CT
Show location: Tetris Theater 33 N.Main St. Chester, CT
“A Connecticut Christmas Carol”

Mark Twain, P.T. Barnum, William Gillette and more make spirited appearances in this tuneful adaptation of the Dickens’ holiday classic that’s back with new surprises for 2018!

There will be limited seating available, and the cost for the dinner and show will be \$80.00 per person.

If anyone has any ideas or suggestions for future chapter events or meetings, please let me or any of the officers and directors know so we can arrange and schedule the event.

I can be contacted at emarczyszak@burndy.com

As a reminder, we have a New England Chapter page on LinkedIn and a Facebook page, both of which are being used to announce upcoming events. If you aren’t able to connect on either, please let me know and we’ll get you set up.

Thanks for your continued support,
Ed Marczyszak
Chairman



www.newenglandafs.com